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Entrées options:

- **1. Hummus**: garbanzo beans, sesame seeds paste, olive oil, garlic, sun dried tomatoes and/or artichoke hearts. With pita or white bread toast
- 2. Fried Mushrooms: Mushrooms batter with flour and deep fried
- 3. Grilled Red Peppers with olive oil and grilled garlic
- **4. Sautéed Eggplant**: with olive oil, garlic and onions
- 5. Tapenade: Black olives, anchovies and cappers paste
- 6. Guacamole: Smash avocado, onions, tomatoes, coriander, green hot peppers & lime
- 7. Chips and Salsa: tomatoes, onions, coriander, and green hot peppers
- 8. Nachos: Tortilla chips, beans, jalapeño pickles, white cheese and chorizo
- 9. Italian Antipasto
- 10. -Sweet Potato or French fries
- 12. Aguachile: scallops or shrimp marinated with cilantro, onion, green peppers sauce
- 13. Shrimp Cocktail: Tasty cocktail sauce with pineapple and steam peeled shrimp
- **14. Fish Ceviche:** Catch of the day Fish with onions, tomatoes, green olives, coriander, oregano, olive oil, lime juice and chips on the side
- **15. -Cilantro Cheese sticks:** Cheddar cheese breaded sticks with cilantro sauce and sesame seeds
- 16. Cheese Quesadillas: Tiny corn or flour tortillas with cheese melted and salsa
- 17. Sopes: Tiny corn shells with refried beans, cheese, cream and salsa
- 18. Bruschetta: toast with minced tomatoes in oil and garlic

Soups options:

- **1. Chicken Soup:** Tasty chicken broth, white rice and chunks of chicken, sides of chopped onion and coriander and two hard rolled shell tacos socked in the bowl
- 2. Vegetable cream soup: variety of vegetables or individual vegetable with croutons
- **3. Tortilla soup:** Tomato chicken broth base, with pieces of chicken (crunchy tortillas stripes, avocado, sour cream, fried red peppers, and cheese on the side)
- 4. Leek and Potatoes soup
- 5. Black bean soup: sides of fried chorizo, avocado, sour cream and fried tortilla stripes)
- **6. Spanish gazpacho:** Tomato, garlic, olive oil, cucumber, bell pepper, onion, balsamic with croutons, sides of chopped sterling apple, cucumber and bell pepper
- 7. Minestrone soup: (noodles and veggies soup)
- 8. Chile poblano cream soup: Grilled green mild peppers with corn, basil, croutons and
- 9. Clam chowder: Creamy chowder with baby clams and croutons
- 10. Pumpkin Cream soup: On season Delicious
- 11. French Onion Soup: Caramelized Onions with wine broth base

Salads:

- **1. -Caesar Salad**: Tender lettuce with homemade Caesar dressing, croutons and parmesan cheese
- 2. -Arugula salad: cherry tomatoes goat cheese vinaigrette
- 3. -Marbles of melon with prosciutto and red martini
- 4. -Spinach Salad: Spinach, pearls, pecans and blue cheese with vinaigrette.

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- 5. -Caprese: Mozzarella, tomato, and basil olive oil and balsamic
- **6. -Tabbouleh**: cracked wheat seeds or quinoa, mint, tomatoes, onions, cucumber, olive oil and lime juice over tender lettuce leaves
- 7. -Tropical salad: fruit, seeds and lettuce with vinaigrette
- **8. Greek salad:** Lettuce, Kalamata olives, cucumber, tomatoes, red onions, feta cheese) vinaigrette with ancient mustard
- **9. Grilled Portobello Mushroom Salad**: Grilled Portobello mushroom over spinach with grilled red bell pepper and brie cheese
- **10. Green Salad:** Lettuce, spinach, bell pepper, cucumber and avocado, with cilantro dressing
- **11. Seasonal fruit salad** with spicy mango dressing or mint lime and chia seeds dressing
- 12. Mayan salad: Jicama, Cucumber, Carrot, Orange and habanero dressing
- 13. Stuffed Avocado: Half avocado peeled stuffed with cold creamy Shrimp salad

Main Dishes:

- **1. Large Grilled Garlic Shrimp:** Large Shrimps in butter and garlic with ring of red dried peppers.
- **2. Grilled lemon salmon:** foiled in aluminum paper with fine herbs, lemon, onion and butter.
- 3. Stuffed Mahi-mahi: Filet of mahi-mahi grilled over a mixed seafood stew and cheese melted
- 4. Confetti Tuna: Sealed Tuna Steak and covered with black and white sesame seeds
- 5. Crazy Lobster: Smoke garlic butter Lobster grilled
- **6. Mayan Fish:** Catch of the day fillet grilled in banana leaves with bell peppers onion and tomatoes, Mayan seeds sauce.
- 7. Filet Mignon: Tender Beef Filet Grilled with wrapped bacon
- **8. Mixed Fajitas :** Strips of chicken breast, beef and shrimp, with bell peppers, onions and mushrooms, beer steamed, flour or corn tortillas, Guacamole, salsa, beans and sour cream
- **9. Enchiladas con mole, green or red sauce:** Rolled and stuffed tortillas with chicken and bathed in Oaxaca mole sauce or red or green sauce (combination of dried peppers, peanuts, spices, chocolate and banana) with sesame seeds on top and pickled onions.
- **10.-Chile Poblano Relleno:** Poblano Pepper grilled, stuffed (ground beef with vegetables or shrimp and cheese) with tomato sauce on top.

Besides Poblano pepper could be "red dried ancho pepper" baked with béchamel on top

- **11.-Mexican Platter:** Grilled Steak, Chicken, Sausage, non process Cheese, cactus and Onions in a homemade Salsa, flour or corn Tortillas
- 12.-Mushroom Chicken: Chicken breast with mushrooms and cheese melted
- 13.-Gloria Chicken or fish: Chicken breast or fish fillet grilled with mango and white wine
- 14.-Meat lovers Taco Night: Grilled Beef, Chicken, pastor pork and chorizo

Sides: refried beans, onion, coriander, variety of salsas and homemade tortillas

- **15.-** Fish taco Night: Beer batter Fish and Shrimp or grilled, smoked marlin stew(with capers, olives, toasted almonds, tomatoes, onion, bell peper, carrot, with wine and olive oil, habanera mango salsa, chipotle dressing, coleslaw
- 16. Kebab as you choice: Grilled Shrimp, Steak, Chicken and Vegetables cubes

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- 17. Ranchero Steak: Strips of beef steak with tomato, bell pepper, onion
- 18. Veracruz style fish: filet of fish, capers, tomato, onion, olives and yellow peppers
- 19. Cordon blue steak or chicken breast
- 20. Albondigas Chipotle: Meat balls Mexican style

Fresh Pasta

- 17. Ravioli
- 18. Fettuccine
- 19. Gnocchi
- 20. Lasagna
- 21. Cannelloni
- 22. Spaghetti

Fresh pasta could be prepared as follow:

Three chesse: Creamy combination of chesse

Pesto: Basil, Pine nuts, Parmesan Chesse, Olive Oil

Bolognese Arrabbiata

Puttanesca Carbonara

Fruitti di Mare

Boscaiola

Vegetables

RISOTTO

21. - Risotto

Could be prepared as follow: AlloScoglio: Mixed Sea Food

22. - Mushrooms

Deserts:

Nun eggnog shot

Apple compote: Mashed apples with cinnamon and vanilla

Lime sorbet Tiramisu

Fruit mousse

Fruit flambé ice cream

Rice pudding Choco Flan

Brownie a la mode

Key lime pie

Carlota

Tres Leches cake

Sides:

Mexican Rice: Tomato rice with vegetables.

White Rice Whole Rice

Mashed Potatoes

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Baked Potatoes

Double Baked potatoes Wedge Fried Potatoes Rosemary baby potatoes

Sauté Vegetables: Carrots, cauliflower, broccoli, green beans **Steam vegetables:** Carrots, cauliflower, broccoli, meloton

Grilled Vegetables: Zucchini, Corn, Tomato

Sauté rosemary vegetables: (zucchini, green beans and/or asparagus / wine vinegar)

Refried beans Coleslaw

Breakfast:

Fresh Fruit Juice Fresh brew Coffee Fresh seasonal fruit Smoothies

Eggs:

- Fried with bacon on the side
- Rancheros: Fried eggs over an fried tortilla and tomato salsa on top
- Mexican style: Tomato, onion and jalapeno or bell pepper
- Vegetables Omelet: Variety of vegetables with cheese melted
- Pizza breakfast: omelet with pepperoni and cheese melted.
- Breakfast burrito: Scramble ham eggs rolled in flour tortilla.

Refried beans

Tortillas or bread

Fresh salsa

Other options

Green or Red Chilaquiles: Fried tortilla strips with red or green salsa cheese melted and cream.

Enfrijoladas: soft corn tortilla batter with liquefied beans, cream and cheese

Avocado toast Tuna melted toast Cheese quesadillas Yogurt and granola

Pancakes, bee honey or maple syrup

French toast

Crepes

Extras:

Toast butter and fruit jelly

Bacon

Canadian ham

Italian sausage

Granola

Yoghurt

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Lunch:

Hamburger: Beef, Chicken, fillet of fish or Portobello

Chicken Caesar Wrap: Grilled chicken breast, lettuce, red bell and delicious Caesar

dressing

Baguette any style: pull pork, ham, grilled chicken, beef and cheese, with lettuce, tomato,

onions, avocado, mayonnaise and mustard

Entomatadas: Rolled stuffed corn tortillas with chicken or cheese, red or green no spicy

salsa on top

Carnitas: Delicious deep fried pork, chopped to build your own taco, sides of salsas

cilantro and onions